



24-27 White Lion Street
London N1 9PD
Phone: 020 7689 8091

info@claremont-project.org
www.claremont-project.org

[Claremont Social Prescription Referral Form](#)

The Social Prescription programme provides personalised support to Islington Residents over 55 who may be feeling isolated, experiencing mild mental health issues or wish to improve their health and wellbeing.

Through individual meetings with Amy (Social Prescription Manager) and a free 6-week programme, Social Prescription members at Claremont can access a wide range of activities in a community setting, and the opportunity for physical exercise, participation in art or music and meaningful connections. On completion of the Social Prescription programme, members often continue to engage with the wider Claremont Programme.

For more information, email Amy Jones, Social Prescription Manager amy@claremont-project.org or Rebecca Kirkpatrick, Clinical Services Manager rebecca@claremont-project.org or call 0207 689 8091

Referrer Details

| | |
|--------------------------|--|
| Referrer name | |
| Date of Referral | |
| Organisation name | |
| Contact number | |
| Email address | |



24-27 White Lion Street
 London N1 9PD
 Phone: 020 7689 8091

info@claremont-project.org
 www.claremont-project.org

Persons Information

| | | | | |
|--|---------------|--|----------------------|--|
| Name | | | Date of Birth | |
| Gender | | | Ethnicity | |
| Address | | | Borough | |
| | | | Postcode | |
| Telephone Number | Mobile | | Email | |
| | Home | | | |
| Reason for referral and desired outcome | | | | |

What to do next:

If you are referring: Please complete this form and send to Claremont. If you would prefer an electronic copy of the referral form, please email Amy Jones, Social Prescription Manager amy@claremont-project.org or Rebecca Kirkpatrick, Clinical Services Manager rebecca@claremont-project.org

If you are referring yourself: Please bring your completed form to Claremont on your first visit, or please send the form to our address and we will contact you to arrange an appointment. Alternatively, please email Amy Jones, Social Prescription Manager amy@claremont-project.org or Rebecca Kirkpatrick, Clinical Services Manager rebecca@claremont-project.org for a referral form, or simply give us a call on 0207 689 8091 to find out more.