



24-27 White Lion Street
London N1 9PD
Phone: 020 7689 8091

rebecca@claremont-project.org
www.claremont-project.org

Claremont Social Prescription Referral Form

The Social Prescription programme provides personalised support to Islington Residents over 55 who may be feeling isolated, experiencing mild mental health issues or wish to improve their health and wellbeing. After an initial assessment with Dilys (Wellbeing Support Officer), folks are offered a free 6-week programme and individual support meetings with Martha (Membership Engagement Officer). Social Prescription members at Claremont can access a wide range of activities in a community setting, and the opportunity for physical exercise, participation in art or music and meaningful connections. On completion of the Social Prescription programme, members often continue to engage with the wider Claremont Programme.

For more information, email Dilys, Wellbeing Support Officer on dilys@claremont-project.org or call 02078373402

Referrer Details

Referrer name	
Date of Referral	
Organisation name	
Contact number	
Email address	



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Persons Information

Name			Date of Birth	
Gender			Ethnicity	
Address			Borough	
			Postcode	
Telephone Number	Mobile		Email	
	Home			
Reason for referral and desired outcome				

What to do next:

If you are referring: Please complete this form and send to Dilys, dilys@claremont-project.org