CLAREMONT PROJECT PROGRAMME
OCTOBER – DECEMBER 2026

020 7837 3402

WEEKLY DROP-IN ACTIVITIES

MON	TUES	WED	THURS	FRI
Strength & Fitness @ Mary's Gym ✎ (10 max) 10:15–11:15am (£4)	**50+ Digital Drop-in** 10am-1pm, Upper Hall	**Beg. Strength & Balance**** 10-11am, Anya's Hall (£4)	**Tai Chi** 10:45-11:45am Garden Hall (£4)	**Int. Flamenco** 10:15-11:15am, Anya's Hall (£4)
Art Fusion 12–2pm, Garden Hall (£4)	**Community Crafting** 10:30am-12:30pm, Garden Hall (£4)	**Gospel Choir** 10:30-12pm, Garden Hall (£4)	**Int. Ukulele** 11am-12pm, Upper Hall (£3)	**Coffee Morning** (Self-led) 10:30am-12pm, Member's Area
Int. Ballet (18 max) 1–2:15pm, Upper Hall (£4)	**Claremont Singers** 11am-12:30pm, Anya's Hall (£4)	**Tap Dance** 11:15-12:15pm, Anya's Hall (£4)	**Beg. Ukulele** 12-1pm, Upper Hall (£3)	**Creative Writing** 10:30am-12:30pm, Upper Hall (£3)
Ballet (18 max) 2:30–3:45pm, Upper Hall (£4)	**Int. Strength & Balance**** 2-3pm, Anya's Hall (£4)	**Beyond Broadway** 12:30-1:30pm, Anya's Hall (£3)	**Salsa** 12-1pm, Garden Hall (£3)	**Int. Castanets** 11:15am-12:15pm, Anya's Hall (£4)
Open Art Studio 2-4pm, Garden Hall	**Classical Concert** 2-3pm, Garden Hall	**Int. Line Dancing** 1-2pm, Garden Hall (£4)	**Beg. Kung Fu (non-contact)** 1-2pm, Anya's Hall (£2.50)	**Beg. Flamenco** 12:15-1:15pm, Anya's Hall (£4)
Chat with CEO Amy 3 pm, Member's Area	**Watercolour** (15 max) 2-4pm, Upper Hall (£4 + paper cost)	**Contemporary Dance** 1:45-3:15pm, Upper Hall (£4)	**Beg. Ballroom** 1-2pm, Garden Hall (£3)	**Friday Specials** **Please see overleaf**
	Come & Play Our Pianos (Self-led) 3-4pm, Anya's Hall	**Beg. Line Dancing** (25 max) 2-3pm, Garden Hall (£4)	**Pilates** (18 max) 1:15-2:15pm, Upper Hall (£4)	
		Garden is Open 3-4pm, Courtyard Garden	**Int. Ballroom** 2-3pm, Garden Hall (£3)	
			Open Social Club (Self-led) 2:15-4:30pm, Anya's Hall	
			Yoga (18 max) 2:30-3:30pm, Upper Hall (£4)	
			Adv. Ballroom 3-4pm, Garden Hall (£3)	

Claremont Exhibits 2026: Part 2 Memories

Submission opens: Wed 19th August
Submission deadline: Fri 16th October
Opening Reception: Fri 23rd Oct, 2-3 pm, Garden Hall

✎ **= Sign up at the Front Desk** **Beg. = Beginners** **Int. = Intermediate** **No price = free** ****PARQ form required**

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SPECIAL EVENTS

OCTOBER	NOVEMBER	DECEMBER
FRI 2 | Gong Bath with London Gong 2-3pm, Garden Hall	**MON 2 | Life Drawing** 2:30-4pm, Anya's Hall (£5)	**FRI 4 | Christmas Party SOLD OUT** 12-4pm, Garden Hall (£5)
TUE 6 | Queen Elizabeth II: Her Life in Style 1:45pm, The King's Gallery	**FRI 6 | Belly Dance Workshop with Fleur Estelle Dance School** 2-3pm, Garden Hall	**MON 7 | Life Drawing** 2:30-4pm, Anya's Hall (£5)
FRI 9 | Soca Dance Workshop with Nzinga Dance Company 2-3:15pm, Garden Hall	**TUE 10 | Death Café** 3:30-4:30pm, Barnsbury Room (2nd Floor)	**TUE 8 | Death Café** 3:30-4:30pm, Barnsbury Room (2nd Floor)
MON 12 | Life Drawing 2:30-4pm, Anya's Hall (£5)	**FRI 13 | Bowls with Arsenal** 1:30-3:30pm, Upper Hall	**FRI 11 | Bowls with Arsenal** 1:30-3:30pm, Upper Hall
TUE 13 | Death Café 3:30-4:30pm, Barnsbury Room (2nd Floor)	**FRI 13 | Ceilidh Dance with the Hedgepigs** 2-3:30pm, Garden Hall	**FRI 11 | Christmas Extravaganza** 2-4pm, New Hall
FRI 16 | Film Screening and Q&A with Anti-Apartheid Legacy: Centre of Memory and Learning 2-3:30pm, Garden Hall	**FRI 20 | Christmas Craft Fair** 1-3pm, Garden Hall	**WED 16 | Art Appreciation Club** 10:30am-12pm, Upper Hall (£4)
FRI 23 | Claremont Exhibits: Memories Opening Reception 2-3pm, Garden Hall	**WED 25 | Art Appreciation Club** 10:30am-12pm, Upper Hall (£4)	**FRI 18 | Festive Concert with the Claremont Singers & the Gospel Choir** 2-4pm, Garden Hall
MON 26 | Southwark Travelling Players: Here We Go Again 2:30-3:30pm, Anya's Hall	**FRI 27 | Bowls with Arsenal** 1:30-3:30pm, Upper Hall	**WED 23 | Christmas Coffee Morning** 10:30am-12pm, Garden Hall
WED 28 | Art Appreciation Club 10:30am-12pm, Upper Hall (£4)	**FRI 27 | Karaoke** 2-3pm, Garden Hall	
FRI 30 | Halloween Ball 1–4 pm, Garden Hall (£4)		

Please turn overleaf for details of our **Tuesday Afternoon Concerts** and our **Coffee & Culture Mornings**.

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TUESDAY AFTERNOON CONCERTS

2 – 3 pm, Garden Hall

OCTOBER	NOVEMBER	DECEMBER
Tues 6 | *To be confirmed*	**Tues 3** | The Resonance Orchestra	**Tues 1** | Yuliia Mats (Piano)
Tues 13 | Woodwind Quartet	**Tues 10** | Sofia Berdnik (Piano)	**Tues 8** | Reiko Makita (Piano)
Tues 20 | Eledone Quartet	**Tues 17** | Brass Quintet	**Tues 15** | Vanessa Brooks-White & Tom Jesty (Violin & Piano)
Tues 27 | Alex Wardill (Saxophone & Piano)	**Tues 24** | Lucas Saraiva Cunha (Piano)	**Tues 22** | Jayden Leung (Piano)

COFFEE & CULTURE MORNINGS ✏

10:30 am – 12 pm, Garden Hall

Our Coffee & Culture Mornings are a chance to grab a drink, have a chat and spend time with people who share your interests.

Each morning has a different theme - **dance, art, music or film** - giving you an easy way to start a conversation, discover something new or connect with someone who enjoys the same things you do. You might come along with a classmate, meet someone new or simply use it as an excuse to sit down and have a good chat.

FRI 16 OCT: Dance	**FRI 23 OCT: Art**	**FRI 6 NOV: Music**	**FRI 27 NOV: Film**

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